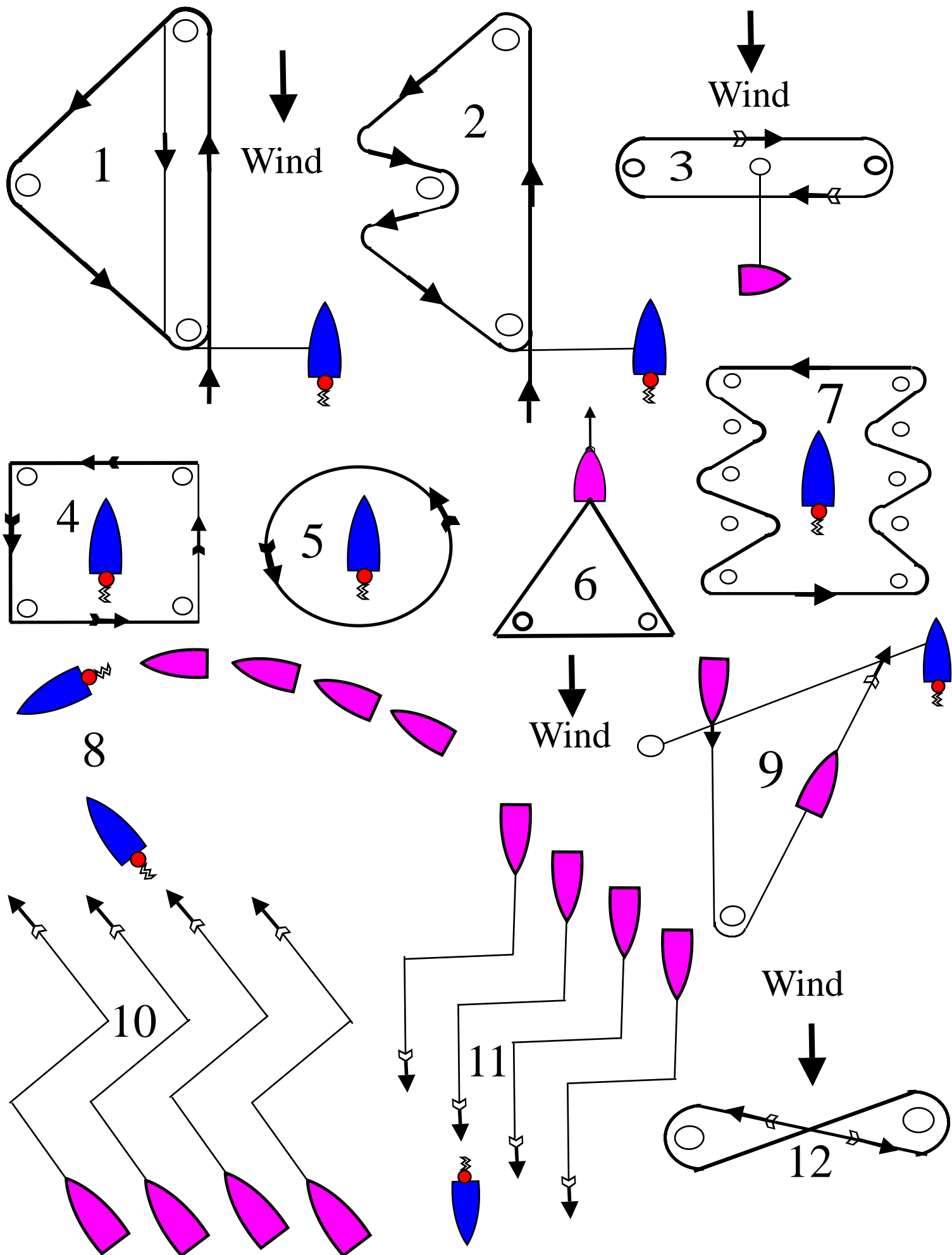


# Race Training Exercises



# RYA Race Training Exercises (pt 2)

